

Gracewood Stitches

Designs by Kathy Bungard



4-Block Cross stitch Quilt Log Cabin Style

Cross Stitch patterns:

- Traces of Lace series: Shades of jade, Vividly Violet, Spun Plum, Burst of Blue

Quilting materials needed:

- 1 Yard of dark purple (or color of your choice) 100% cotton fabric that has been washed, sprayed with starch and ironed.
- 1 Yard of backing material - either another yard of the same material as the top or muslin, also prepped with washing, starch and ironing.
- 1/2 yard of fusible backing (I used Pellon's Easy-Shaper Fusible interfacing for light to medium weight fabrics.
- 1 Yard of cotton batting

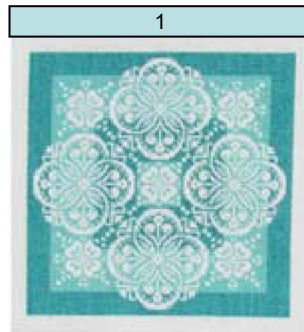
Preparation:

1. Trim Aida even weave to 15 squares around each pattern.
2. Cut fusible interfacing to size of square.
3. Place square face down on soft towel, cover with fusible backing and apply a warm iron (per backing's instructions) till it sticks to the square.
4. Cut the topping fabric lengthwise into 2" wide strips.

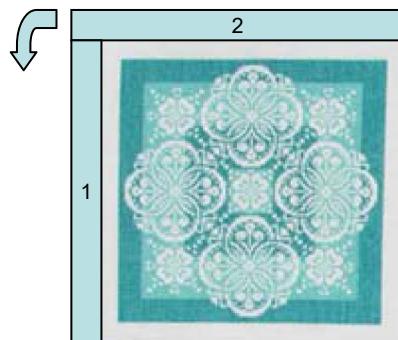
Step1: One-block assembly:

For assembling each block there are lots of options, you can sew a strip to one side of a square and another on the opposite side. I chose to assemble the squares by adding each strip as you would in a **log cabin** pattern quilt block, as follows:

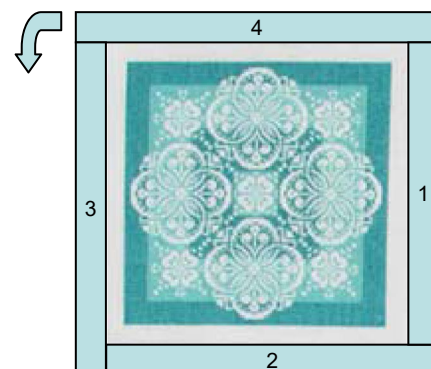
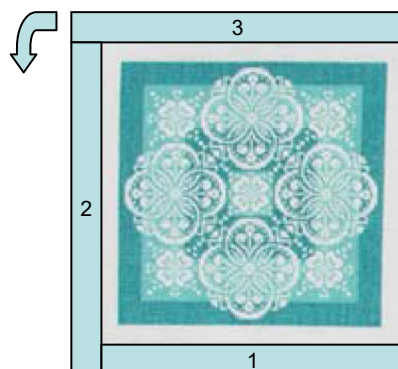
1. Pin first strip of fabric facing top side of square, sew together with a 1/4" seam allowance, trim strip to edge of square, iron seam open.



2. Rotate square one turn so the side with the sewn strip is to the left, pin second strip to this side that will include the width of the first strip added. Sew, cut and iron seam open.



3. Rotate square again and follow above instructions until the fourth side is attached (this will be the longest strip).

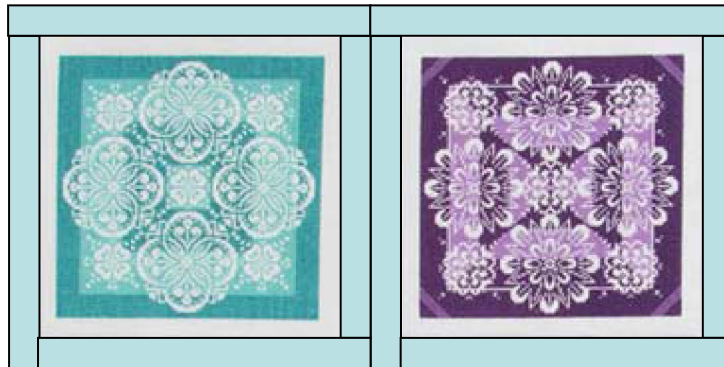


You now have a square surrounded by fabric strips. When all four squares are so finished in the same fashion proceed as follows.

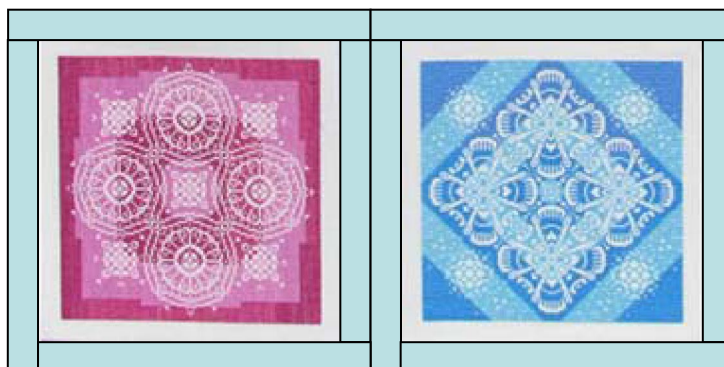
Step 2: 4-Block assembly

At this point you can decide how you want the blocks to come together, try laying out all four squares together and see which what layout appeals most to you.

Then take the two squares you wish to be the top of the hanging and place them face to face and sew together, again using 1/4" seam allowance. Iron seam open and place aside.



Do the same to the two squares that will be the bottom of the hanging.

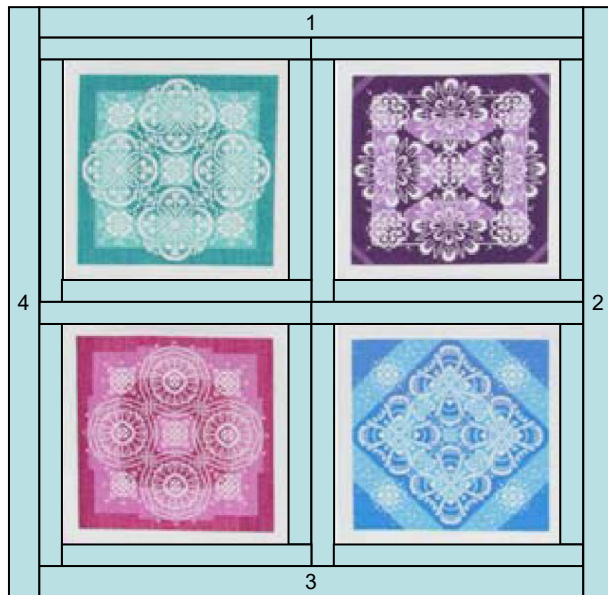


Now pin the two strips of two squares face to face with each other and sew them together, trim, open seam and iron.



Step 3: Mounting the quilt

You have four squares at this point sewn into one large square. Take more fabric strips and just as you did each square sew them around the large square, trimming and sewing each open before adding the next. Voila! your top is done!



Cut a square of your backing fabric to fit the top, cut batting to fit the top as well.

Place the finished large square to the backing material face to face and then lay batting over this and pin all around. Sew all around leaving an area on the middle of one side about 8" long open.

Turn the piece inside out and hand sew the opening shut.

If you wish to add strips to the backing for hanging the piece on a rod be sure to do that prior to sewing piece together.



Gracewood Stitches

Designs by Kathy Bungard

More cross stitch patterns designed by Kathy Bungard



Vividly Violet



Bursts of Blue



Spun Plum



Winter Daybreak



Shades of Jade



Seville



Kyoto



Alsace



Beauvais



Chrysanthemum



Celadon Iris



Carolina

View these patterns and many more on Creative Poppy's website

www.creativepoppy.com