



Heart shape Tutorial



By Faby Reilly



Designed for the

[“Sweet roses” heart pattern](#)

available from Creative Poppy’s website

www.creativepoppy.com



Heart Tutorial



You will need:

- 2 pieces of stitched linen
- some stuffing or pot-pourri
- some matching beads (optional)
- about 8in (20cm) of ¼in (5mm) wide ribbon

Step 1 : getting ready.



Iron your stitched linen (on the back of the work).

Allow an extra ½ inch (1cm) around all the sides of the stitched designs to allow for the seams, then cut into the fabric at the top of the

heart shape and around the curved lines.

Step 2 : putting it together.



Pinch the fabric over the backstitched line and, using the biscornu method^{*}, start stitching together one side of the heart. You can add beads at regular intervals if you wish. Work your way around the heart.



Before finishing the second half of the heart, fill it with **stuffing** or **pot-pourri**, then carry on stitching. Top-up the filling if necessary, and stop about ½ inch (1cm) before the end.



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Step 3 : adding the finishing touches.



Measure out a piece of ribbon so that, when folded in half, it's about as long as the heart. Tie a knot at the end.

Squeeze the knot through the hole, at the top of the heart, and finish your seam stitching through the ribbon to secure it in place.



** the biscornu method*

You can use this method for assembling 2 pieces of outlined fabric together.

(The stitched pieces must have been outlined with backstitch prior to this.)

You can then stitch each pair of opposite backstitches together as shown on the picture.



["Sweet roses" heart pattern](#), designed by Faby Reilly
Available from Creative Poppy's website
www.creativepoppy.com

Patterns available at:



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www.creativepoppy.com