



**Color Therapy**  
**cross stitch pattern**  
**by Barbara Ana Designs**



**Manufacturer:** Barbara Ana Designs  
**Reference:**BAN281

**Price:** \$8.99

**Options:**

*download pdf file* : English

**Description:**

**Color Therapy**

CROSS STITCH PATTERN READY TO DOWNLOAD, DESIGNED BY **Barbara Ana Designs**

Like an explosion of happy colors, this bouquet is cross stitched using no fewer than 42 different colors in the manner of a painting, to express all the subtle color shades of the flowers.

The chart comes with two different colorways, one vivid and bright (photos of stitched model), the other more muted (see last image lower right).

The pattern was worked in cross stitch and stitched directly on a denim shirt, using waste-canvas and with the design rotated.

The design would also look great when stitched on a cushion. The bright colors are compatible with any color of background fabric.

A cross stitch pattern by **Barbara Ana Designs**.

>> see more patterns by Barbara Ana Designs

Chart info & Needlework supplies for the pattern:  
**Color Therapy**

Chart size in stitches: 169 x 123 (wide x high)

Needlework fabric: Aida, Linen or Evenweave

>> [View size in my choice of fabric \(fabric calculator\)](#)

Stitches: Cross stitch

Chart: Black & White, Color

Threads: DMC stranded cotton for all colors except 1 (Anchor)

Number of colors: 42

Themes: flowers, waste canvas, bright and vivid colors, happiness

>> see all [patterns with Flowers](#) (all designers)

All patterns on Creative Poppy's website are **printable** and available for instant **download**.

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